

Resultater – Troides Fodspor

2023-03-05

Kort 6 km		(20 / 20)	Tid	Efter	Tidstab		
1.	Janne Brunstedt	OK Roskilde	44:30		01:54		
	2:56 (2:56)	2:40 (5:36)	1:59 (7:35)	2:06 (9:41)		3:18 (12:59)	4:47 (17:46)
	3:30 (21:16)	2:14 (23:30)	3:21 (26:51)	1:47 (28:38)		2:24 (31:02)	2:31 (33:33)
	4:46 (38:19)	4:33 (42:52)	1:38 (44:30)				
2.	Christina Hartmann	VEPI	1:00:37	+16:07	01:34		
	3:22 (3:22)	3:25 (6:47)	3:47 (10:34)	2:58 (13:32)		4:21 (17:53)	7:15 (25:08)
	4:42 (29:50)	2:39 (32:29)	5:42 (38:11)	2:19 (40:30)		3:31 (44:01)	3:02 (47:03)
	5:42 (52:45)	5:32 (58:17)	2:20 (1:00:37)				
3.	David Bengtsson	VEPI	1:00:39	+16:09	03:18		
	3:24 (3:24)	3:25 (6:49)	3:49 (10:38)	2:36 (13:14)		4:43 (17:57)	7:55 (25:52)
	3:53 (29:45)	2:47 (32:32)	6:07 (38:39)	1:57 (40:36)		3:01 (43:37)	3:08 (46:45)
	5:54 (52:39)	5:40 (58:19)	2:20 (1:00:39)				
4.	Uffe Dysted	VEPI	1:00:41	+16:11	00:59		
	3:21 (3:21)	3:21 (6:42)	3:48 (10:30)	3:04 (13:34)		4:26 (18:00)	7:20 (25:20)
	4:26 (29:46)	2:56 (32:42)	5:38 (38:20)	2:20 (40:40)		3:30 (44:10)	3:07 (47:17)
	5:31 (52:48)	5:34 (58:22)	2:19 (1:00:41)				
5.	Nadja Philipson	VEPI	1:02:28	+17:58	01:14		
	3:32 (3:32)	3:44 (7:16)	2:56 (10:12)	2:52 (13:04)		4:38 (17:42)	6:46 (24:28)
	5:38 (30:06)	2:59 (33:05)	5:47 (38:52)	2:39 (41:31)		3:23 (44:54)	3:10 (48:04)
	6:11 (54:15)	6:02 (1:00:17)	2:11 (1:02:28)				
6.	Berit Fahl	VEPI	1:02:30	+18:00	00:55		
	3:29 (3:29)	3:51 (7:20)	3:03 (10:23)	2:39 (13:02)		4:48 (17:50)	6:51 (24:41)
	5:21 (30:02)	3:00 (33:02)	5:46 (38:48)	2:40 (41:28)		3:23 (44:51)	3:14 (48:05)
	6:07 (54:12)	6:00 (1:00:12)	2:18 (1:02:30)				
7.	Ulla Hooge	OK ØST Birkerød	1:03:02	+18:32	05:25		
	3:52 (3:52)	3:21 (7:13)	3:03 (10:16)	3:04 (13:20)		4:13 (17:33)	6:15 (23:48)
	4:19 (28:07)	3:08 (31:15)	4:13 (35:28)	2:01 (37:29)		8:42 (46:11)	3:04 (49:15)
	6:02 (55:17)	5:33 (1:00:50)	2:12 (1:03:02)				
8.	Jan Kristoffersen	Ballerup OK	1:12:21	+27:51	04:33		
	4:43 (4:43)	3:38 (8:21)	2:36 (10:57)	3:24 (14:21)		4:52 (19:13)	8:11 (27:24)
	4:55 (32:19)	3:44 (36:03)	9:40 (45:43)	2:30 (48:13)		3:53 (52:06)	3:25 (55:31)
	6:59 (1:02:30)	7:00 (1:09:30)	2:51 (1:12:21)				
9.	Pernille Kaltoft	Holbæk OK	1:17:35	+33:05	10:10		
	4:13 (4:13)	3:41 (7:54)	2:51 (10:45)	3:18 (14:03)		4:38 (18:41)	7:31 (26:12)
	7:54 (34:06)	8:45 (42:51)	6:17 (49:08)	2:29 (51:37)		3:59 (55:36)	3:25 (59:01)
	7:22 (1:06:23)	8:35 (1:14:58)	2:37 (1:17:35)				
10.	Jan Skouv	Faaborg OK	1:17:37	+33:07	11:15		
	3:43 (3:43)	3:36 (7:19)	2:43 (10:02)	4:04 (14:06)		4:42 (18:48)	7:18 (26:06)
	7:58 (34:04)	8:50 (42:54)	6:24 (49:18)	2:20 (51:38)		4:00 (55:38)	3:29 (59:07)
	7:21 (1:06:28)	8:28 (1:14:56)	2:41 (1:17:37)				
11.	Jens Thorup	FSK Orientering	1:17:59	+33:29	08:11		
	4:08 (4:08)	3:50 (7:58)	3:10 (11:08)	6:24 (17:32)		4:48 (22:20)	7:51 (30:11)
	5:09 (35:20)	3:32 (38:52)	6:30 (45:22)	4:35 (49:57)		4:04 (54:01)	4:26 (58:27)
	8:38 (1:07:05)	8:24 (1:15:29)	2:30 (1:17:59)				
12.	Jytte Sørensen	FSK Orientering	1:18:07	+33:37	07:08		
	4:03 (4:03)	4:16 (8:19)	3:02 (11:21)	4:43 (16:04)		5:21 (21:25)	8:36 (30:01)
	7:07 (37:08)	3:20 (40:28)	9:10 (49:38)	2:45 (52:23)		3:38 (56:01)	3:55 (59:56)
	8:17 (1:08:13)	7:23 (1:15:36)	2:31 (1:18:07)				
13.	Lars Olsen	OK Roskilde	1:21:53	+37:23	03:03		
	4:51 (4:51)	4:23 (9:14)	3:19 (12:33)	3:52 (16:25)		5:35 (22:00)	9:10 (31:10)
	6:34 (37:44)	4:20 (42:04)	6:49 (48:53)	3:07 (52:00)		4:20 (56:20)	4:50 (1:01:10)
	8:47 (1:09:57)	9:00 (1:18:57)	2:56 (1:21:53)				
14.	Mogens Jensen	Holbæk OK	1:22:04	+37:34	06:19		
	5:00 (5:00)	3:49 (8:49)	2:51 (11:40)	4:51 (16:31)		5:35 (22:06)	10:53 (32:59)
	6:55 (39:54)	3:53 (43:47)	6:29 (50:16)	2:48 (53:04)		4:55 (57:59)	4:35 (1:02:34)
	7:58 (1:10:32)	9:06 (1:19:38)	2:26 (1:22:04)				
15.	Palle Møller Nielsen	Odense OK	1:36:13	+51:43	07:12		
	5:36 (5:36)	4:56 (10:32)	3:25 (13:57)	6:31 (20:28)		6:38 (27:06)	11:30 (38:36)
	7:29 (46:05)	4:17 (50:22)	9:04 (59:26)	3:56 (1:03:22)		6:51 (1:10:13)	4:57 (1:15:10)
	9:16 (1:24:26)	8:58 (1:33:24)	2:49 (1:36:13)				
16.	Kaj Ole Jensbye	Odense OK	1:36:17	+51:47	05:48		
	5:39 (5:39)	4:57 (10:36)	3:31 (14:07)	6:30 (20:37)		6:34 (27:11)	11:39 (38:50)
	7:23 (46:13)	4:23 (50:36)	8:43 (59:19)	4:09 (1:03:28)		6:31 (1:09:59)	5:16 (1:15:15)
	9:15 (1:24:30)	9:02 (1:33:32)	2:45 (1:36:17)				
	Marco Knudsen	OK Roskilde	Fejlklip				
	3:01 (3:01)	2:54 (5:55)	3:09 (9:04)	2:45 (11:49)		19:00 (30:49)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (48:16)				
	Inge K. Kristoffersen	Ballerup OK	Udgået				
	9:27 (9:27)	7:19 (16:46)	5:46 (22:32)	10:10 (32:42)		8:56 (41:38)	13:58 (55:36)
	15:13 (1:10:49)	5:34 (1:16:23)	14:53 (1:31:16)	7:46 (1:39:02)		6:47 (1:45:49)	5:38 (1:51:27)
	11:43 (2:03:10)	– (–)	– (–)				
	Nils Sættem	Kildeholm OK	Ej startet				

– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Vibeke Sylvest	Ballerup OK	Ej startet			
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Lang 12 km	(17 / 17)	Tid	Efter	Tidstab	
1. Christian Olsen	AMOK	1:30:30	00:00		
8:53 (8:53)	4:36 (13:29)	4:44 (18:13)	4:45 (22:58)	8:17 (31:15)	6:00 (37:15)
3:18 (40:33)	2:51 (43:24)	4:38 (48:02)	3:27 (51:29)	9:33 (1:01:02)	5:26 (1:06:28)
2:54 (1:09:22)	9:14 (1:18:36)	1:27 (1:20:03)	4:19 (1:24:22)	6:08 (1:30:30)	
2. Sergei Vorfolomeev	AMOK	1:30:48	+0:18 04:44		
7:54 (7:54)	4:24 (12:18)	4:26 (16:44)	4:36 (21:20)	7:42 (29:02)	8:20 (37:22)
3:39 (41:01)	2:41 (43:42)	4:25 (48:07)	3:18 (51:25)	8:40 (1:00:05)	7:07 (1:07:12)
2:43 (1:09:55)	8:55 (1:18:50)	1:12 (1:20:02)	4:32 (1:24:34)	6:14 (1:30:48)	
3. Jonas Nordstrøm Schwartz	AMOK	1:36:02	+5:32 05:21		
8:50 (8:50)	4:38 (13:28)	4:26 (17:54)	4:29 (22:23)	11:04 (33:27)	5:50 (39:17)
3:16 (42:33)	2:41 (45:14)	4:19 (49:33)	5:33 (55:06)	9:42 (1:04:48)	5:23 (1:10:11)
3:33 (1:13:44)	9:01 (1:22:45)	1:19 (1:24:04)	5:26 (1:29:30)	6:32 (1:36:02)	
4. Anne Marie Thommesen	Ballerup OK	1:38:55	+8:25 01:02		
9:12 (9:12)	4:50 (14:02)	4:50 (18:52)	5:08 (24:00)	9:20 (33:20)	5:53 (39:13)
3:42 (42:55)	2:53 (45:48)	4:43 (50:31)	4:32 (55:03)	10:23 (1:05:26)	6:44 (1:12:10)
3:11 (1:15:21)	10:26 (1:25:47)	1:25 (1:27:12)	4:55 (1:32:07)	6:48 (1:38:55)	
5. Peter Wihan	Fyns PI	1:41:48	+11:18 10:04		
8:48 (8:48)	5:02 (13:50)	11:21 (25:11)	4:49 (30:00)	10:29 (40:29)	6:00 (46:29)
3:11 (49:40)	2:54 (52:34)	5:15 (57:49)	4:00 (1:01:49)	9:47 (1:11:36)	4:59 (1:16:35)
2:48 (1:19:23)	11:08 (1:30:31)	1:11 (1:31:42)	3:44 (1:35:26)	6:22 (1:41:48)	
6. Leif E. Larsen	THOK	1:42:49	+12:19 06:03		
9:32 (9:32)	5:00 (14:32)	9:32 (24:04)	5:49 (29:53)	10:33 (40:26)	5:54 (46:20)
3:32 (49:52)	3:00 (52:52)	4:59 (57:51)	3:51 (1:01:42)	9:43 (1:11:25)	5:33 (1:16:58)
2:57 (1:19:55)	10:38 (1:30:33)	1:18 (1:31:51)	4:16 (1:36:07)	6:42 (1:42:49)	
7. Elin Nørgård Kracht	PI-København	1:44:22	+13:52 07:56		
9:13 (9:13)	4:48 (14:01)	6:12 (20:13)	5:05 (25:18)	8:59 (34:17)	11:42 (45:59)
3:22 (49:21)	2:57 (52:18)	5:03 (57:21)	4:15 (1:01:36)	10:06 (1:11:42)	5:18 (1:17:00)
2:51 (1:19:51)	11:03 (1:30:54)	1:23 (1:32:17)	5:03 (1:37:20)	7:02 (1:44:22)	
8. Peter Mørup Jansen	OK Roskilde	1:44:34	+14:04 04:33		
11:08 (11:08)	5:03 (16:11)	5:29 (21:40)	6:10 (27:50)	10:15 (38:05)	6:29 (44:34)
4:23 (48:57)	3:03 (52:00)	6:02 (58:02)	4:06 (1:02:08)	9:38 (1:11:46)	5:22 (1:17:08)
2:55 (1:20:03)	10:06 (1:30:09)	1:58 (1:32:07)	5:24 (1:37:31)	7:03 (1:44:34)	
9. Jakob Søndergaard Jensen	OK Roskilde	1:45:32	+15:02 06:49		
9:06 (9:06)	4:43 (13:49)	4:52 (18:41)	5:05 (23:46)	9:07 (32:53)	6:44 (39:37)
3:00 (42:37)	2:49 (45:26)	6:30 (51:56)	4:11 (56:07)	10:48 (1:06:55)	6:38 (1:13:33)
3:01 (1:16:34)	10:47 (1:27:21)	1:15 (1:28:36)	8:47 (1:37:23)	8:09 (1:45:32)	
10. Tonje Pihl	OK Roskilde	1:52:25	+21:55 02:50		
11:03 (11:03)	5:50 (16:53)	5:53 (22:46)	5:58 (28:44)	11:08 (39:52)	6:34 (46:26)
2:59 (49:25)	3:22 (52:47)	5:30 (58:17)	7:14 (1:05:31)	11:33 (1:17:04)	6:40 (1:23:44)
3:30 (1:27:14)	10:26 (1:37:40)	1:41 (1:39:21)	5:39 (1:45:00)	7:25 (1:52:25)	
11. Kent Pihl	OK Roskilde	1:52:30	+22:00 02:50		
11:05 (11:05)	5:50 (16:55)	5:54 (22:49)	5:58 (28:47)	11:09 (39:56)	6:32 (46:28)
2:59 (49:27)	3:22 (52:49)	5:31 (58:20)	7:14 (1:05:34)	11:34 (1:17:08)	6:39 (1:23:47)
3:30 (1:27:17)	10:29 (1:37:46)	1:32 (1:39:18)	5:44 (1:45:02)	7:28 (1:52:30)	
12. Nina Henriksen		2:30:30	+60:00 21:18		
12:37 (12:37)	7:29 (20:06)	7:08 (27:14)	11:39 (38:53)	13:51 (52:44)	8:03 (1:00:47)
12:11 (1:12:58)	3:22 (1:16:20)	6:03 (1:22:23)	5:26 (1:27:49)	10:56 (1:38:45)	7:45 (1:46:30)
5:30 (1:52:00)	15:31 (2:07:31)	2:19 (2:09:50)	9:21 (2:19:11)	11:19 (2:30:30)	
13. Alexander Schifter Schou		2:32:46	+62:16 27:36		
34:05 (34:05)	6:29 (40:34)	7:08 (47:42)	6:35 (54:17)	12:20 (1:06:37)	7:40 (1:14:17)
5:09 (1:19:26)	4:06 (1:23:32)	7:59 (1:31:31)	4:38 (1:36:09)	15:00 (1:51:09)	7:19 (1:58:28)
4:03 (2:02:31)	16:03 (2:18:34)	1:25 (2:19:59)	5:56 (2:25:55)	6:51 (2:32:46)	
14. Per Schifter Schou		2:34:55	+64:25 25:07		
34:03 (34:03)	6:29 (40:32)	7:20 (47:52)	6:36 (54:28)	11:57 (1:06:25)	8:32 (1:14:57)
5:07 (1:20:04)	3:30 (1:23:34)	8:00 (1:31:34)	4:39 (1:36:13)	14:55 (1:51:08)	7:53 (1:59:01)
3:56 (2:02:57)	15:50 (2:18:47)	1:30 (2:20:17)	5:36 (2:25:53)	9:02 (2:34:55)	
Kristian Gade	VEPI	Fejlklip			
– (–)	– (29:44)	5:26 (35:10)	6:14 (41:24)	11:36 (53:00)	11:52 (1:04:52)
4:39 (1:09:31)	3:53 (1:13:24)	4:56 (1:18:20)	5:18 (1:23:38)	10:13 (1:33:51)	10:40 (1:44:31)
10:10 (1:54:41)	19:15 (2:13:56)	1:27 (2:15:23)	5:11 (2:20:34)	8:56 (2:29:30)	
Karina Mejnborg	PI-København	Udgået			
16:03 (16:03)	5:54 (21:57)	44:18 (1:06:15)	7:45 (1:14:00)	11:50 (1:25:50)	27:26 (1:53:16)
4:34 (1:57:50)	3:34 (2:01:24)	7:09 (2:08:33)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Michael Galthen Ibsen	FSK Orientering	Udgået			
1:08:15 (1:08:15)	8:07 (1:16:22)	7:02 (1:23:24)	7:32 (1:30:56)	39:14 (2:10:10)	9:50 (2:20:00)
20:49 (2:40:49)	7:57 (2:48:46)	16:44 (3:05:30)	14:15 (3:19:45)	19:21 (3:39:06)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Mellem 8 km	(24 / 24)	Tid	Efter	Tidstab	
1. Sofie Okkels	OK Sorø	1:07:19	01:50		
9:25 (9:25)	3:18 (12:43)	2:48 (15:31)	4:49 (20:20)	3:47 (24:07)	10:21 (34:28)
5:51 (40:19)	3:03 (43:22)	9:18 (52:40)	1:34 (54:14)	5:26 (59:40)	7:39 (1:07:19)

2.	Janus Høhne	OK Sorø	1:07:20	+0:01	01:50		
	9:26 (9:26)	3:15 (12:41)	2:52 (15:33)	4:46 (20:19)	3:49 (24:08)	10:22 (34:30)	
	5:44 (40:14)	3:06 (43:20)	9:13 (52:33)	1:43 (54:16)	5:16 (59:32)	7:48 (1:07:20)	
3.	Claus Cederberg	Ballerup OK	1:09:27	+2:08	06:11		
	8:27 (8:27)	2:34 (11:01)	2:53 (13:54)	5:36 (19:30)	8:08 (27:38)	10:12 (37:50)	
	5:34 (43:24)	3:23 (46:47)	11:05 (57:52)	1:12 (59:04)	3:51 (1:02:55)	6:32 (1:09:27)	
4.	Anna Hansen	VEPI	1:09:39	+2:20	05:32		
	11:16 (11:16)	3:02 (14:18)	2:33 (16:51)	4:39 (21:30)	5:11 (26:41)	11:13 (37:54)	
	5:34 (43:28)	3:13 (46:41)	11:05 (57:46)	1:25 (59:11)	4:24 (1:03:35)	6:04 (1:09:39)	
5.	Tomas Grabauskas	Holbæk OK	1:10:00	+2:41	06:08		
	8:30 (8:30)	2:36 (11:06)	2:51 (13:57)	5:40 (19:37)	8:03 (27:40)	9:58 (37:38)	
	6:57 (44:35)	2:53 (47:28)	10:14 (57:42)	1:25 (59:07)	3:58 (1:03:05)	6:55 (1:10:00)	
6.	Henrik Nielsen	Holbæk OK	1:10:30	+3:11	05:18		
	8:54 (8:54)	3:58 (12:52)	2:51 (15:43)	4:58 (20:41)	7:01 (27:42)	9:49 (37:31)	
	7:20 (44:51)	3:10 (48:01)	10:10 (58:11)	1:13 (59:24)	4:24 (1:03:48)	6:42 (1:10:30)	
7.	Mogens Hald Kristensen	OK Roskilde	1:12:27	+5:08	02:33		
	8:52 (8:52)	4:14 (13:06)	3:11 (16:17)	6:36 (22:53)	4:55 (27:48)	10:41 (38:29)	
	6:14 (44:43)	3:13 (47:56)	10:18 (58:14)	1:24 (59:38)	5:24 (1:05:02)	7:25 (1:12:27)	
8.	Nina Okkels	OK Sorø	1:12:35	+5:16	01:49		
	9:53 (9:53)	4:21 (14:14)	3:10 (17:24)	5:30 (22:54)	4:29 (27:23)	10:33 (37:56)	
	5:43 (43:39)	3:37 (47:16)	11:00 (58:16)	1:24 (59:40)	5:33 (1:05:13)	7:22 (1:12:35)	
9.	Claus Wigen	FSK Orientering	1:12:40	+5:21	02:24		
	11:09 (11:09)	3:59 (15:08)	3:03 (18:11)	5:16 (23:27)	4:25 (27:52)	10:34 (38:26)	
	6:28 (44:54)	3:17 (48:11)	10:38 (58:49)	1:19 (1:00:08)	5:23 (1:05:31)	7:09 (1:12:40)	
10.	Lars Hanghøj Petersen	Ballerup OK	1:12:59	+5:40	02:13		
	9:33 (9:33)	3:16 (12:49)	3:01 (15:50)	5:12 (21:02)	6:42 (27:44)	10:28 (38:12)	
	6:28 (44:40)	3:19 (47:59)	10:27 (58:26)	1:17 (59:43)	5:26 (1:05:09)	7:50 (1:12:59)	
11.	Diana Cederberg	Ballerup OK	1:15:41	+8:22	02:00		
	9:48 (9:48)	4:11 (13:59)	3:19 (17:18)	5:28 (22:46)	4:39 (27:25)	11:11 (38:36)	
	6:13 (44:49)	3:35 (48:24)	10:58 (59:22)	1:51 (1:01:13)	5:41 (1:06:54)	8:47 (1:15:41)	
12.	Erik Ljungdahl	Faaborg OK	1:27:44	+20:25	04:12		
	11:35 (11:35)	4:44 (16:19)	3:39 (19:58)	6:40 (26:38)	7:33 (34:11)	12:47 (46:58)	
	7:32 (54:30)	5:04 (59:34)	12:21 (1:11:55)	1:46 (1:13:41)	6:09 (1:19:50)	7:54 (1:27:44)	
13.	Morten Jensen	OK Roskilde	1:28:31	+21:12	09:08		
	10:00 (10:00)	4:11 (14:11)	3:29 (17:40)	5:39 (23:19)	4:26 (27:45)	11:57 (39:42)	
	8:47 (48:29)	5:01 (53:30)	13:10 (1:06:40)	6:51 (1:13:31)	6:16 (1:19:47)	8:44 (1:28:31)	
14.	Jonathan Skovsø Andersen	Hvalsø OK	1:29:32	+22:13	02:37		
	11:07 (11:07)	4:57 (16:04)	3:50 (19:54)	6:41 (26:35)	4:41 (31:16)	15:00 (46:16)	
	8:02 (54:18)	4:16 (58:34)	13:08 (1:11:42)	1:40 (1:13:22)	6:34 (1:19:56)	9:36 (1:29:32)	
15.	Kurt Thuesen	FSK Orientering	1:30:53	+23:34	08:37		
	14:53 (14:53)	5:18 (20:11)	3:32 (23:43)	6:01 (29:44)	6:45 (36:29)	15:19 (51:48)	
	7:26 (59:14)	3:30 (1:02:44)	11:38 (1:14:22)	1:24 (1:15:46)	6:28 (1:22:14)	8:39 (1:30:53)	
16.	Merete Ravnhøj Andersen	Herlufsholm OK	1:34:38	+27:19	10:21		
	11:15 (11:15)	4:58 (16:13)	3:53 (20:06)	5:46 (25:52)	8:05 (33:57)	15:28 (49:25)	
	12:26 (1:01:51)	3:52 (1:05:43)	12:07 (1:17:50)	1:44 (1:19:34)	6:05 (1:25:39)	8:59 (1:34:38)	
17.	Stig Andersen	Herlufsholm OK	1:40:05	+32:46	04:18		
	14:59 (14:59)	4:51 (19:50)	4:05 (23:55)	7:16 (31:11)	7:16 (38:27)	15:52 (54:19)	
	8:07 (1:02:26)	4:07 (1:06:33)	14:21 (1:20:54)	1:49 (1:22:43)	7:50 (1:30:33)	9:32 (1:40:05)	
18.	Jesper R Mortensen	Herlufsholm OK	1:40:18	+32:59	05:20		
	14:56 (14:56)	4:50 (19:46)	4:08 (23:54)	6:57 (30:51)	7:26 (38:17)	16:09 (54:26)	
	7:45 (1:02:11)	4:23 (1:06:34)	14:15 (1:20:49)	1:48 (1:22:37)	7:36 (1:30:13)	10:05 (1:40:18)	
19.	Elise Olesen	VEPI	1:41:43	+34:24	17:25		
	15:50 (15:50)	9:25 (25:15)	3:36 (28:51)	6:41 (35:32)	5:21 (40:53)	10:51 (51:44)	
	8:07 (59:51)	5:07 (1:04:58)	13:58 (1:18:56)	1:39 (1:20:35)	13:12 (1:33:47)	7:56 (1:41:43)	
20.	Jesper Allan Jensen	OK Roskilde	1:42:44	+35:25	05:58		
	15:55 (15:55)	4:07 (20:02)	4:26 (24:28)	6:32 (31:00)	5:54 (36:54)	15:24 (52:18)	
	7:39 (59:57)	4:56 (1:04:53)	15:29 (1:20:22)	1:52 (1:22:14)	9:54 (1:32:08)	10:36 (1:42:44)	
21.	Claus Skovsø Petersen	Hvalsø OK	1:53:38	+46:19	04:36		
	13:58 (13:58)	6:21 (20:19)	4:49 (25:08)	8:06 (33:14)	7:41 (40:55)	15:47 (56:42)	
	10:17 (1:06:59)	5:30 (1:12:29)	16:42 (1:29:11)	2:29 (1:31:40)	9:32 (1:41:12)	12:26 (1:53:38)	
22.	Otto Kristensen	Køge OK	1:53:45	+46:26	03:48		
	13:54 (13:54)	6:29 (20:23)	4:48 (25:11)	7:55 (33:06)	7:46 (40:52)	16:01 (56:53)	
	10:13 (1:07:06)	5:26 (1:12:32)	16:31 (1:29:03)	2:43 (1:31:46)	9:44 (1:41:30)	12:15 (1:53:45)	
23.	Ebbe Kajberg	OK Sorø	2:30:13	+82:54	50:39		
	11:19 (11:19)	4:35 (15:54)	4:08 (20:02)	6:38 (26:40)	5:35 (32:15)	17:30 (49:45)	
	29:44 (1:19:29)	4:21 (1:23:50)	15:38 (1:39:28)	2:40 (1:42:08)	7:53 (1:50:01)	40:12 (2:30:13)	
	Torkild Frank		Fejlklip				
	9:22 (9:22)	3:15 (12:37)	2:36 (15:13)	– (–)	– (22:55)	10:34 (33:29)	
	6:58 (40:27)	3:04 (43:31)	11:43 (55:14)	1:34 (56:48)	6:28 (1:03:16)	9:05 (1:12:21)	

Ultra 18 km		(12 / 12)	Tid	Efter	Tidstab
1.	Thomas Greve Jensen	THOK	1:56:27		05:55
	14:29 (14:29)	4:00 (18:29)	4:08 (22:37)	4:01 (26:38)	7:11 (33:49)
	2:40 (41:23)	2:23 (43:46)	3:40 (47:26)	2:54 (50:20)	7:35 (57:55)
	6:24 (1:07:59)	6:35 (1:14:34)	2:17 (1:16:51)	7:24 (1:24:15)	3:10 (1:27:25)
	4:54 (1:37:20)	3:13 (1:40:33)	3:30 (1:44:03)	3:06 (1:47:09)	4:07 (1:51:16)
2.	Steen Piil	Søllerød OK	2:12:04	+15:37	03:13
	11:32 (11:32)	4:28 (16:00)	4:50 (20:50)	4:52 (25:42)	8:44 (34:26)
	2:24 (43:24)	2:43 (46:07)	5:44 (51:51)	3:14 (55:05)	8:56 (1:04:01)
	5:53 (1:15:56)	7:20 (1:23:16)	2:35 (1:25:51)	8:29 (1:34:20)	3:30 (1:37:50)
	4:44 (1:48:05)	3:22 (1:51:27)	3:55 (1:55:22)	5:07 (2:00:29)	5:04 (2:05:33)

3.	Brian Steen Jørgensen	Holbæk OK	2:16:15	+19:48	01:46		
	9:30 (9:30)	4:38 (14:08)	4:45 (18:53)	4:57 (23:50)	8:17 (32:07)	6:11 (38:18)	
	3:41 (41:59)	2:45 (44:44)	5:02 (49:46)	5:24 (55:10)	8:55 (1:04:05)	5:52 (1:09:57)	
	6:09 (1:16:06)	7:21 (1:23:27)	2:37 (1:26:04)	9:18 (1:35:22)	3:55 (1:39:17)	6:22 (1:45:39)	
	5:45 (1:51:24)	4:23 (1:55:47)	4:59 (2:00:46)	4:30 (2:05:16)	4:17 (2:09:33)	6:42 (2:16:15)	
4.	Svend Christiansen	PI-København	2:27:04	+30:37	08:48		
	14:59 (14:59)	4:50 (19:49)	5:26 (25:15)	5:02 (30:17)	8:12 (38:29)	5:58 (44:27)	
	3:09 (47:36)	2:53 (50:29)	4:38 (55:07)	5:35 (1:00:42)	9:46 (1:10:28)	5:55 (1:16:23)	
	6:22 (1:22:45)	10:59 (1:33:44)	3:18 (1:37:02)	9:46 (1:46:48)	3:50 (1:50:38)	5:58 (1:56:36)	
	5:39 (2:02:15)	4:12 (2:06:27)	5:05 (2:11:32)	4:47 (2:16:27)	4:32 (2:20:59)	6:05 (2:27:04)	
5.	Søren Vestergaard	PI-København	2:29:10	+32:43	07:40		
	9:02 (9:02)	4:46 (13:48)	4:54 (18:42)	5:06 (23:48)	8:42 (32:30)	6:05 (38:35)	
	3:18 (41:53)	2:56 (44:49)	4:59 (49:48)	5:28 (55:16)	9:04 (1:04:20)	5:45 (1:10:05)	
	6:35 (1:16:40)	9:11 (1:25:51)	3:05 (1:28:56)	9:55 (1:38:51)	4:18 (1:43:09)	12:07 (1:55:16)	
	6:49 (2:02:05)	4:33 (2:06:38)	4:57 (2:11:35)	4:47 (2:16:22)	5:26 (2:21:48)	7:22 (2:29:10)	
6.	Lukas Høghøj	Lyngby OK	2:55:02	+58:35	51:22		
	31:40 (31:40)	5:05 (36:45)	4:13 (40:58)	3:57 (44:55)	7:30 (52:25)	17:01 (1:09:26)	
	8:42 (1:18:08)	2:25 (1:20:33)	4:14 (1:24:47)	3:31 (1:28:18)	7:29 (1:35:47)	4:34 (1:40:21)	
	4:59 (1:45:20)	11:21 (1:56:41)	7:33 (2:04:14)	8:12 (2:12:26)	3:35 (2:16:01)	10:40 (2:26:41)	
	5:33 (2:32:14)	3:29 (2:35:43)	4:16 (2:39:59)	4:14 (2:44:13)	4:50 (2:49:03)	5:59 (2:55:02)	
7.	Frede Lillelund	Søllerød OK	3:00:06	+63:39	16:30		
	10:38 (10:38)	5:21 (15:59)	5:49 (21:48)	6:00 (27:48)	10:46 (38:34)	6:24 (44:58)	
	3:47 (48:45)	3:24 (52:09)	5:43 (57:52)	4:25 (1:02:17)	11:57 (1:14:14)	6:10 (1:20:24)	
	10:26 (1:30:50)	12:50 (1:43:40)	4:13 (1:47:53)	11:40 (1:59:33)	4:50 (2:04:23)	8:57 (2:13:20)	
	7:20 (2:20:40)	5:14 (2:25:54)	9:11 (2:35:05)	5:49 (2:40:54)	7:49 (2:48:43)	11:23 (3:00:06)	
8.	Emil Illemann Andreasen.		3:22:10	+85:43	54:13		
	14:53 (14:53)	4:33 (19:26)	36:52 (56:18)	5:08 (1:01:26)	7:59 (1:09:25)	23:46 (1:33:11)	
	4:58 (1:38:09)	2:27 (1:40:36)	7:01 (1:47:37)	5:20 (1:52:57)	9:27 (2:02:24)	5:14 (2:07:38)	
	7:01 (2:14:39)	8:12 (2:22:51)	3:13 (2:26:04)	10:55 (2:36:59)	5:46 (2:42:45)	6:30 (2:49:15)	
	5:28 (2:54:43)	4:52 (2:59:35)	5:38 (3:05:13)	4:36 (3:09:49)	4:46 (3:14:35)	7:35 (3:22:10)	
9.	Camilla Rath Nielsen	PI-København	3:27:44	+91:17	56:15		
	39:01 (39:01)	4:41 (43:42)	4:44 (48:26)	5:17 (53:43)	8:22 (1:02:05)	6:25 (1:08:30)	
	3:50 (1:12:20)	3:04 (1:15:24)	5:16 (1:20:40)	6:23 (1:27:03)	10:48 (1:37:51)	6:49 (1:44:40)	
	6:31 (1:51:11)	19:39 (2:10:50)	3:07 (2:13:57)	9:57 (2:23:54)	4:11 (2:28:05)	7:49 (2:35:54)	
	6:53 (2:42:47)	4:36 (2:47:23)	7:35 (2:54:58)	6:47 (3:01:45)	8:04 (3:09:49)	17:55 (3:27:44)	
10.	Niels Peder Møller	Lyngby OK	3:36:41	+100:14	01:02:42		
	26:15 (26:15)	4:50 (31:05)	27:57 (59:02)	4:28 (1:03:30)	12:04 (1:15:34)	26:09 (1:41:43)	
	2:27 (1:44:10)	2:51 (1:47:01)	4:42 (1:51:43)	11:49 (2:03:32)	9:41 (2:13:13)	6:32 (2:19:45)	
	8:11 (2:27:56)	9:42 (2:37:38)	2:58 (2:40:36)	10:44 (2:51:20)	3:56 (2:55:16)	6:47 (3:02:03)	
	6:52 (3:08:55)	4:59 (3:13:54)	5:37 (3:19:31)	4:01 (3:23:32)	5:10 (3:28:42)	7:59 (3:36:41)	
	Agnes Nørgård Kracht	THOK	Fejlklip				
	- (-)	- (20:32)	4:41 (25:13)	4:39 (29:52)	8:10 (38:02)	6:21 (44:23)	
	3:07 (47:30)	2:41 (50:11)	4:25 (54:36)	5:25 (1:00:01)	8:43 (1:08:44)	5:08 (1:13:52)	
	8:50 (1:22:42)	8:34 (1:31:16)	2:50 (1:34:06)	8:24 (1:42:30)	3:52 (1:46:22)	- (-)	
	- (-)	- (-)	- (-)	- (1:53:57)	- (-)	- (2:02:45)	
	Morten Ploug	Ballerup OK	Fejlklip				
	- (-)	- (39:47)	5:09 (44:56)	5:18 (50:14)	9:52 (1:00:06)	6:13 (1:06:19)	
	11:03 (1:17:22)	3:16 (1:20:38)	4:52 (1:25:30)	8:29 (1:33:59)	13:22 (1:47:21)	6:40 (1:54:01)	
	7:13 (2:01:14)	9:09 (2:10:23)	3:36 (2:13:59)	9:32 (2:23:31)	4:15 (2:27:46)	8:05 (2:35:51)	
	6:25 (2:42:16)	6:19 (2:48:35)	6:04 (2:54:39)	6:16 (3:00:55)	5:13 (3:06:08)	10:48 (3:16:56)	